# **AQAR 2022-23**

### 7.2.1- Best Practices

### **Best Practice 01**

1. Title of the practice-India 75: Celebrating a Legacy of Freedom and Progress

## 2. Objective of the practice-

- 1. To celebrate India's 75<sup>th</sup> year of Independence- a Legacy of Freedom and Progress
- 2. To sensitize the students and staff about the Indian heritage and culture.
- 3. To commemorate India's 75th year of independence by fostering a deeper understanding and appreciation among students for the country's legacy of freedom and progress.

#### 3. The context-

Maharashtra Education Society (MES), our parent body, was founded by freedom fighters & educationists. It has a long history of providing nationalistic education to the young minds. Garware College of Commerce (Autonomous), takes this legacy ahead to engage students actively in exploring and celebrating India's rich history, and progress over the last 75 years. Through a multifaceted approach encompassing academia, cultural programs, community engagement etc. the College planned to create a vibrant platform for students and teachers to connect with India's journey towards freedom and development.

MES Garware College of Commerce (Autonomous), seeks to instil a sense of pride, responsibility, and commitment towards contributing to India's ongoing journey of progress and development while honouring the sacrifices and achievements of the past 75 years. This best practice aligns with the national theme of celebrating India's 75th year of independence and promotes holistic education by integrating historical, cultural, and societal dimensions into the academic curriculum.

## 4. The practice-

**Curricular Integration:** Introduced specialized courses, which delve into India's socioeconomic, political, and cultural transformations since independence in the curriculum of BBA, BBA-IB, BBA-CA, FYBBA-DI, B.Com and M.Com considering the changes as per New Education Policy 2020.

#### **Guest Lectures-**

- Swaraj 75 Valedictory Lecture- On 3<sup>rd</sup> October 2022 a valedictory lecture was conducted by Maharashtra Education Society which was chaired by Air Marshal Bhushan Gokhale.
- On 18<sup>th</sup> November 2022 a guest lecture on the contribution of tribal leaders in India's Freedom Struggle was conducted by Laxman Singh Markam in association with Savitribai Phule Pune University and National Commission for Scheduled Tribes, New Delhi.

• On 24<sup>th</sup> September 2022 a guest lecture was conducted by Hav. Virendra Singh and Hav, Harpreet Singh.

Community Engagement and Outreach Programs: The College collaborated with local communities, NGOs, and governmental bodies to initiate various projects aimed at societal development. The College also encourages students to actively participate in volunteering activities aligned with nation-building initiatives.

Following are the special programs and initiatives taken by the college-

- Swarajya 75- This program was organized on 3<sup>rd</sup> October 2023 to make students aware about the struggle of our freedom fighters.
- Half-Day Youth Retreat- To commemorate the 75<sup>th</sup> anniversary of Indian Independence and the 125<sup>th</sup> anniversary of the Ramkrishna Mission, a half day youth retreat program was organized by the Ramkrishna Math, Pune on Sunday 31<sup>st</sup> July 2022.
- Har Ghar Tiranga Initiative- The NCC department participated in the Har Ghar Tiranga Initiative to celebrate the 75th year of Indian Independence.
- Azadika Amrit Mahotsav- Swaraj Week- On 17<sup>th</sup> August 2022 our college participated in Azadika Amrit Mahotsav- Swaraj Week by organizing Maas National Anthem Singing.
- Unity Run and Pledge on National Unity Day- On the occasion of National Unity Day and birth anniversary or Sardar Vallabhabhai Patel a unity run was organized to promote the unity and integrity of the nation.

#### **Cultural Celebrations:**

- Tiranga Mahotsav 2023- The College hosted a cultural festival called 'Tiranga Mahotsav' having India-75 as its central theme. Promote artistic expressions through music, dance, theatre, and visual arts that reflect India's journey over the past 75 years.
- Republic Day Cultural Program- The volunteers of NSS Department had conducted a special cultural program to celebrate India's 75<sup>th</sup> Independence.

#### 5. Evidence of success-

**Curricular Integration:** The College has Introduced IKS- Indian Knowledge System courses, which delve into India's socio-economic and cultural transformation of the Textile and Fabric Manufacturing since independence in the curriculum.

#### **Guest Lectures-**

- The guest lecture by Hav. Virendra Singh on 24<sup>th</sup> September was attended by 45 students.
- Swaraj 75 Valedictory Lecture was attended by 39 NCC Cadets.

**Community Engagement and Outreach Programs:** Following are the special programs and initiatives taken by the college-

- Half-Day Youth Retreat- 7 cadets of NCC department had participated.
- Har Ghar Tiranga Initiative- A total of 41 NCC Cadets had participated in this campaign by hoisting the National Flag in their respective houses.
- Azadika Amrit Mahotsav- Swaraj Week- 780 students and teachers had participated.
- Unity Run and Pledge on National Unity Day- 25 NCC Cadets had participated.

### **Cultural Celebrations:**

Students actively participated in Tiranga Mahotsav 2023 and Republic Day Cultural Program.

## 6. Problems encountered and solution provided-

Problems encountered	solution provided
The response of the students was less initially.	When the college had decided to conduct the Tiranga Mahotsav-a cultural program, initially the response was very less. We had to sensitize the students about the nature of this program then we got tremendous response from the students and the program was grant successful.

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#### **Best Practice 02**

### 1. Title of the Best Practice: Promotion of Indigenous Games

#### 2. Objective of the practice:

The objective of the "Promotion of Indigenous Games" initiative is to preserve, celebrate, and revitalize traditional indigenous sports and games, fostering a sense of cultural pride and physical well-being among students. This practice aims to promote physical fitness, cultural awareness, and community engagement through the active participation in and recognition of indigenous sports.

#### 3. The context:

Indigenous games and sports hold significant cultural and historical value for indigenous communities around the world. These games are often deeply rooted in traditional practices and have been passed down through generations. However, many indigenous games have been marginalized or forgotten due to the influence of modern sports and the erosion of cultural traditions. The special emphasis on indigenous sports is crucial for several reasons:

- a. Cultural Preservation: Indigenous games are an essential part of cultural heritage. Preserving and promoting them helps maintain the cultural identity of indigenous communities.
- b. Physical Health: Indigenous games often involve physical activities that contribute to the well-being of participants. Promoting these games can combat issues like obesity and promote an active lifestyle.
- c. Community Engagement: Indigenous games encourage community bonding and social interaction, fostering a sense of togetherness within indigenous communities.

### 4. The practice details (AY 22-23):

During the academic year 2022-2023, efforts were made to promote indigenous games like Kho-Kho, Kabaddi.

Training & Participation in Competitions: Training on indigenous games was conducted in college. These training aimed to teach the rules and techniques of these traditional games to a new generation. College participated in the indigenous sports competitions featuring games such as kabaddi, kho-kho. These events encouraged participation and friendly competition.

## 5. Evidence of success:

- 1. College participated in the inter college Kabaddi (W), Kho-Kho (Men & Women) competition organised by Pune city Zonal Sports Competition under Savitribai Phule Pune University and secured 4th place in Kabaddi (Women) competition.
- 2. Kabaddi (women) team also participated in Vishwanath Karad Sports Meet 2023 and secured 1st Place.

### 6. Problems encountered & solutions provided:

Problems encountered during the implementation of the initiative included:

**a**. Lack of Awareness: Especially the younger generation, had little awareness of indigenous games.

Solution: Training sessions were used to educate the students and raise awareness about the importance of indigenous games.

**b**. Limited Resources: Organizing competitions and workshops required resources for training & fitness of students. Such resources were often limited.

#### Solution:

- 1. Working on making Partnerships with local clubs in the next year
- 2. Government funding was secured for open gym which helped to improve physical fitness of the students.

The "Promotion of Indigenous Games" initiative has successfully revitalized traditional indigenous sports, fostering cultural pride, physical well-being, and community engagement among indigenous communities while addressing the challenges encountered during its implementation.