Maharashtra Education Society's Garware College of Commerce (Autonomous) Programme – M.Com Year – II Second Year Masters of Commerce– Sem IV Year of Commencement: 2024-2025 (June 2024 onwards) Board of Studies: - Business Economics

Course Title: -: Industrial Economic Environment

| Course Code: 23MC4- A174 | Subject : Industrial Economic Environment (Compulsory Subject) | Total Marks : 100 Credits :4 |
|---|---|---------------------------------------|
| Course Objec | tives : | |
| | basic issues in the Industrial Economic Environment. | |
| | ware about Industrial growth patterns in the Indian Economy. and analyse New Industrial Policy, 1991. | |
| | he progress and current problems of selected industries in India. | |
| | | |
| | | |
| | | |
| Leoning Out | | |
| Learning Out After completing | the course students will be able to, | |
| LO1: Understand | basic issues and factors affecting the industrial economic environment. | |
| | rial growth pattern and relative importance and problems faced by differ New Industrial Policy, 1991 critically. | rent industries. |
| | l understand the place of selected industries in the Indian Economy alon | g with the |
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| Unit | Unit Title | Contents | No. Of Lectures |
|------|--|--|--------------------|
| Ι | Industrial Economic Environment | 1.1 Industry: Meaning and Classification 1.2 Economic Environment : Meaning and Definitions 1.3 Role and Importance of Economic Environment in Industrial Development 1.4 Factors affecting economic environment 1.5 Green GDP | 15 |
| П | Industrial Growth and Pattern in Indian Economy | 2.1 Role of Industries in Economic Development of India 2.2 Industrial Growth Pattern Since 1991. 2.3 Public Sector Industries –Role, Problems and Present Situation, Disinvestment and Public Private Partnership (PPP) 2.4 Micro, Small, Medium Enterprises (MSMEs) – Meaning, Role and Problems 2.5 Special Economic Zones (SEZs) 2.6 Multi-national Corporations (MNCs) and Indian Economy: Current Status 2.7 Industrial Imbalance: Causes and Measures | 15 |
| III | Industrial Policy and Issues | 3.1. Introduction of Industrial Policy 3.2 Industrial Policy of 1991 – Features and Implementation 3.3 Liberalization, Privatization and Globalization – Concept, Arguments for and Against, Impact on Indian Industry | 15 |
| IV | Selected Industries in India | 4.1 Iron and Steel Industry: Progress and Problems 4.2 Cotton and Textile Industry 4.3 Cement Industry 4.4 Banking and Finance 4.5 Information Technology 4.6 Upcoming Indian Industries 4.6.1 Pharmaceuticals 4.6.2 Hospitality | 15 |

| | | 4.6.3 Food Processing4.6.4 Green Energy | |
|----------------------|--|--|--|
| Total No.of Lectures | | 60 | |
| | | | |

| U ni t | Unit Title | Teaching methodology | Outcome expected Conceptual understanding Knowledge/Skills/Attributes etc | Weight age of Marks (%) |
|--------------|---|--|---|--|
| Ι | Industrial Economic Environm ent | 1.Group Learning 2.Discussion | Students become able to relate theory with the real world economic environment. | Equal weight age to all the topics |
| II | Industrial Growth and Pattern in Indian Economy | 1.Students' presentation 2.Data mining | Students become familiar about the current status of Indian Industries under the era of reforms. | - |
| ш | Industrial Policy and Issues | 1.Library Assignments 2.Web- References | Students can critically evaluate industrial policies in India and analyze the impact of new industrial policy adopted by India. | - |
| IV | Selected Industries in India | Group Activity Industry specific panel discussion | Students understand the role, progress and problems of selected industries in India and their contribution in Economic Growth and Development. | - |

| Evaluation | Total N | Tutorial / | |
|------------|----------------------|----------------------|-----------|
| Method | Formative Assessment | Summative Assessment | Practical |

| Unit No. | | | | |
|-------------|----------------|-----------|-------------------------------|-----------|
| | CCE I | CCE II | Semester End Examination | Not |
| | 20 Marks | 20 Marks | 60 Marks | Suggested |
| I,II,III,IV | Departmentally | Centrally | College Organised Examination | |
| | organised | organised | | - |
| | assignments | Tests | | |

Books Recommended:

Mandatory Readings:

- Economics of Environment of Business (with case studies), Puri V. K., Mishra S. K., Himalaya Publishing House Pvt. Ltd.. Mumbai
- Datt&Sundharam's Indian Economy, GauravDatt&AshwiniMahajan, S. Chand & Company Ltd., New Delhi
- Indian Economy: Problems of Development & Planning., Agrawal A. N., New Age International, New Delhi
- Indian Economy- Its Development Experience., Puri V. K., Mishra S. K., Himalaya Publishing House Pvt. Ltd., Mumbai.
- Indian Economy -Gaurav Datta & Ashwani Mahajan -S Chand publication ,New Delhi.

Suggested Readings:

1 Business Environment, Francis Cherunilam ,Himalaya Publishing House Pvt. Ltd., Mumbai

- 2. Economics of Environment, Garg M. R, RBSA Publishers, Jaipur
- 3. Environmental Economics, Singh G. N. Singh G. N. Mittal Publications, New Delhi
- 4. Industrial Growth in India, Ahluwalia J. J, Oxford University Press, New Delhi
- 5. Industrial Economics in India, Desai B., Himalaya Publishing House Pvt. Ltd., Mumbai
- 6. Industrial Economics, Birthwal R. R., Wiley Eastern Ltd., New Delhi
- 7. Environmental Economics: Theory & Applications., Singh & Shishodia, Sage Publication, New Delhi
- 8. 9. Indian Economy Its Growing Dimensions., Dhar P. K., Kalyani Publishers, New Delhi

 10. 11. Industrial Economics, Singh A & A.N. Sadhu, Himalaya Publishing House Pvt. Ltd., Bombay

12. 13. Indian Economy, Tandon B. B., Tandon K. K., McGraw Hill Publishing Company Ltd., New Delhi

14.

15. India's Economic Policies., Jalan B., Viking, New Delhi

16. Industrial Economics – Indian Perspective, Francis Cherunilam, Himalaya Publishing House.

17. Deodhar, S. (2016). "Make in India: Re-chanting the Mantra with a Difference,"

Indian Journal of Economics and Business, Vol. 15, No. 1, April.

| Sr. No | | Web references Recommended |
|-----------|----------------|---|
| | • Le ctures | https://www.economicsnetwork.ac.uk/teaching/Lecture%20 S lides/Industrial%20Economi |
| 1 | • PP T | <u>h</u> ttp://www.powershow.com/view/26979b- GI2M/INDUSTRIAL_ECONO MICS_powerpoint_ppt_presentat <u>ion</u> |
| | • Ar ticles | https://onlinelibrary.wil ey.com/journal/14676451 |
| | • Le ctures | <u>h</u> ttps://www.studocu.com/en/ <u>d</u> _ocument/university-of- nottingham/industrial- economics/lecture- notes/lecture-notes-lectures-1- <u>10/594973 /view</u> |
| 2 | • PP T | <u>h</u> ttp://www.staff.city.ac.uk/~sj355/INDUSTRIAL%20intro.ppt |
| | • Ar ticles | https://onlinelibrary.wil ey.com/lo/ https://onlinelibrary.wiley.com/loi/14676451 |
| | • Le ctures | <u>h</u> ttps://www.hse.ru/data/2010/ <u>10/22/</u> 1224130267/BSc4_indus trial_en. <u>p</u> <u>d</u> f |

| 3 | • PP T | <u>h</u> ttps://slideplayer.com/slide/11650124 |
|---|----------------|--|
| | • Ar ticles | https://econpapers.repe c.org/article / blajindec/ |

| Course Code: M1-21/401 | Subject / Course: Capital Market and Financial Services (Compulsory Subject) | Marks: 100 Credits: 4 | | | |
|--|---|--------------------------|--|--|--|
| Course Objectives: | | | | | |
| 1. To acquaint t | he students with the structure and working of the Indiar | n capital market. | | | |
| 2. To make the listing process | students aware about the various types of Indian Stock s. | Market and their | | | |
| 3. To enable the agencies invo | students to understand various transactions in stock excluded in it. | hanges and | | | |
| 4. To know the | role of SEBI as a Regulatory body in the Indian Capital | Market. | | | |
| Course Outcome: | | | | | |
| After completing the | e course, the student shall be able to | | | | |
| CO1: Understand Market. | d the basic structure, working and recent trends in the I | ndian Capital | | | |
| | CO2: Know about functions, procedures related to the Indian Stock Market and precautions to be taken. | | | | |
| CO3: Analyze and apply the knowledge of investment avenues and their management of portfolio. | | | | | |
| | CO4: Know the role of SEBI in regulating stock exchange and education of investors and financial advisors. | | | | |

| Unit | Unit Title | Contents | No. of Lectures |
|------|-----------------|--|--------------------|
| Ι | Capital market: | 1.1 Meaning, Structure, Characteristic and Functions of Capital Market. 1.2 Participants of Capital Market - Capital market instruments - Equity share, Preferences shares, Debenture, Bonds, 1.3 Innovative debt instruments: Junk bonds, Naked bonds and Deep discount bonds 1.4 Forward Contract, Futures Contract, Options Contract with trading 1.5 Recent trends in the Capital Market in India. | 15 |

Course Contents

| Unit | Unit Title | Contents | No. of Lectures |
|-------|---|--|--------------------|
| Π | Stock Market | 2.1 Bombay Stock Exchange (BSE) and National Stock Exchange (NSE): Organization, Membership, Governing Body, Functions and trading volumes 2.2 Over the Counter Exchange of India (OTCEI): Functions and Progress. 2.3 Primary market: Functions and issue mechanism. Latest SEBI guidelines, Procedure of IPO, Price Band, Participants, Prospectus 2.4 Secondary market : Objectives, and functions 2.5 Concepts: Stock Broking, e-Broking, Depository System-Functions and Benefits of Stock Market trading 2.5.1 Index: SENSEX, NIFTY, Bank NIFTY 2.5.2 Types of Trading: Intraday Trading, Delivery Trading, Derivatives Trading, Precautions for Traders and Investors. 2.6 Listing of Securities Procedure | 15 |
| III | Financial Services | 3.1 Merchant Banking: Meaning, Functions and Services 3.2 Underwriting 3.3 Mutual funds: Meaning and Functions 3.3.1 Types - Open and closed ended funds, Income funds, Balanced fund, Growth fund, Index fund 3.3.2 Portfolio Management: Meaning and Services 3.4 Credit rating: meaning and need 3.4.1 Various credit rating agencies in India 3.5 Foreign Institutional Investment (FII), Foreign Direct Investment (FDI) 3.6 Hedge funds, Offshore funds | 15 |
| IV | Securities and Exchange Board of India (SEBI) | 4.1 SEBI: Background, Establishment and Functions 4.2 Regulatory aspects, recent changes & emerging trends of SEBI 4.3 Investors' education and redressal mechanism by SEBI 4.4 SEBI approved Financial Adviser: Role and Functions. | 15 |
| Total | No of Lectures | | 60 |

Teaching Methodology:

| Unit | Unit Title | Teaching methodology | Outcome expected | Weightage |
|------|--|---|--|---|
| | | | Conceptual, | of Marks |
| | | | understanding, | (%) |
| | | | Knowledge / Skills / Attributes etc. | |
| Ι | Capital Market | Assignment Based Reference Reading Collaborative exchange of information | Students understand the capital market and its trends in recent years. | Equal weight age to all the topics |
| II | Stock Market | Expert Lecture Demo of live trading | Students experience live trading in the stock market and understand its operations. | - |
| III | Financial Services | Group Discussion Case Study | Students get acquainted with the information of different financial services and their importance in Economic Growth. | - |
| IV | Securities And Exchange Board of India (SEBI) | Visit to SEBI Exploring SEBI website PPT | Students know about the functions of SEBI and its role in the Indian Financial Market. | - |

Evaluation Method:

| Evaluation Method | | | | |
|----------------------|--|------------------------------|---|------------------|
| Unit No. | Formative Assessment | | Summative Assessment | |
| | CCE I 20 Marks | CCE II 20 Marks | Semester End Examination 60 Marks | Not Suggested |
| I, II, III, IV | Departmentally organised assignment | Centrally organised Tests | College Organised Examination | - |

| Sr. No. | Title of the Book | Author/s | Publication |
|------------|--|--|--|
| 1. | Indian Financial System | M.Y. Khan | Tata Macgraw Hill Publishing Co. Ltd. |
| 2. | Capital markets institutions and instruments | Frank J.Fabozzi & Franco Modigliani | Prentice Hall of India, New Delhi |
| 3. | Financial Markets and Institutions | Fredric Mishkin and Stanley Eakins | Pearson Prentice Hall, Boston San Francisco, New York. |
| 4. | Investment Management | Preeti Singh | Himalaya Publishing House, New Delhi |
| 5. | Indian Economy (Latest Edition) | Rudder Dutta, Gaurav Dutta, and Sundram | Himalaya Publishing House, New Delhi. |
| 6. | Capital Market | Golden Natrajan | Himalaya Publishing House, New Delhi |

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M.E.S. Garware College of Commerce (Autonomous)

National Service Scheme S.Y.B.Com/BBA/BBA-IB/BBA-CA/ BBA -DI Semester III Total Credits- 2

Course Objectives:

- 1. To help learners know about NSS in the context of youth, community and voluntary service.
- 2. To propagate yoga as a way of healthy living.

Course Outcomes:

- 1. Learners will have the knowledge about NSS and its role in the fields of health, hygiene and sanitation so as to build a strong country.
- 2. They will be able to use Yoga for healthy living.

| Unit | Topics | Lectures |
|------|---|----------|
| | Life Competencies & Youth Leadership | |
| 1 | Definition and importance of life competencies; | 6 |
| | communication and soft skills; Youth leadership | |
| 2 | Youth Health | 0 |
| 2 | Healthy lifestyles; drugs and substance abuse | δ |
| 3 | Youth and Yoga | 16 |
| | History and philosophy of yoga; Yoga for healthy living | 16 |
| | Total | 30 |

S.Y.B.Com Semester IV Total Credits- 2

Course Objectives:

- 1. To help learners know about environmental issues and disaster management.
- 2. To learn documentation and reporting.

Course Outcomes:

- 1. Learners will learn to appreciate the concerns regarding the environment.
- 2. They will also be able to prepare a socio-economic development plan.

| Unit | Topics | Lectures |
|------|---|----------|
| 1 | Disaster Management Introduction; Classification of disasters; Role of NSS in disaster management with more emphasis on disasters specific to NE India; Civil Defense | 16 |
| 2 | Documentation and Reporting Collection and analysis of data; Documenting, reporting and their dissemination | 14 |
| | Total | 30 |

- 1. NSS Manual
- 2. National Youth Policy Document
- National Fourier Oncy Document
 National Service Scheme A Youth Volunteers Programme For Under Graduate Students As Per UGC Guidelines by J D S Panwar, A K Jain & B K Rathi (Astral)
 Communication Skills by N Rao & R P Das (HPH)
 Light on Yoga by B K Iyenger (Thorsons)

- 6. Guide to Report Writing by Michael Netzley and Craig Snow (Pearson)



Maharashtra Education Society's Garware College of Commerce (Autonomous) Programme – B.Com/ BBA/ BBA-CA/ BBA-D&I/ BBA-IB Board of Studies: - Co-Curricular

| | SY (Semester IV) | | | | | |
|---|--|--|----|--|--|--|
| Course | Course Code: Course: National Cadet Corps | | | | | |
| 1. U 2. C 3. A | Comprehend the period the period the period to the complexity of t | idamental concepts of social service and the needs of weaker sections otential roles and responsibilities of youth in addressing societal issue I knowledge to initiate Personality Development. nental traits associated with effective leadership. | • | | | |
| After con 1. d 2. in f 3. a | lemonstrate a solic mproved critical th or social welfare. pply foundational | se, the student shall be able to I understanding of the basics of social service and the needs of weaker hinking skills in applying knowledge to engage in and promote youth- knowledge to initiate Personality Development. different types of leadership styles. | | | | |
| Unit | Unit Title | Title Contents | | | | |
| I | Social Awareness & Community Development | Basics of Social Service, weaker sections of our society and their needs. Social / Rural Development Projects: MNREGA, SGSY, NSAP etc NGOs : Role & Contribution Contribution of youth towards social welfare Family Planning Drug Abuse & Trafficking Civic Responsibilities Causes & Prevention of HIV/ AIDS; Role of youth Corruption Social Evils viz | 15 | | | |

| | | -Dowry/Female Foeticide/ Child abuse & trafficking etc -RTI & RTE -Traffic Control Org and Anti-drunken driving -Provisions of Protection of Children from Sexual Harassment Act 2012 | |
|---------|----------------|---|----|
| II | Personality | Personality Development: | 15 |
| | Development | -Introduction to Personality Development. | |
| | & Leadership | -Factors Influencing / shaping Personality: Physical, Social, Psychological and Philosophical. | |
| | | -Self-Awareness - Know yourself/ Insight. | |
| | | -Change your mind set. | |
| | | -Interpersonal relationship and communication. | |
| | | -Communication Skills: Group Discussions/ Lecturettes. | |
| | | Leadership: | |
| | | -Leadership Traits. | |
| | | -Types of Leadership. | |
| | | -Attitude - Assertiveness and Negotiation. | |
| | | -Time Management. | |
| | | -Effects of Leadership with historical examples. | |
| Total N | lo of Lectures | 1 | 30 |

| Unit | Unit Title | Teaching methodology | Project /Hands-on exposure/Prac tice-based | Outcome exped Conceptual un of Knowledge /Attributes etc | derstanding /Skills | Weight age of Marks (%) |
|------|---|---|---|---|--|----------------------------------|
| I | Social Awareness & Community Development | PowerPoint Presentation, Group Discussion, Library Visit, Class Discussion. | Project report shall be prepared on Community Development | Create awareness of Community Development | To develop the knowledge about Social Awareness | 50 |
| II | Personality Development & Leadership | Quiz Competition, Case Studies, Class Discussion, Internet Resources. | Project report shall be prepared on Leadership | To provide basics of Personality Development | To know about the Personality Development & Leadership | 50 |

References

| Sr. No. | Title of the Book | Author/s | Publication |
|---------|---|---------------------|-------------------------|
| 1 | NCC: Handbook | R.K. Gupta | Ramesh Publishing House |
| 2 | NCC Army Wing | RPH Editorial Board | Ramesh Publishing House |
| 3 | MISSION NCC MCQ Book | Nitin Nikode | Ujwala Prakashan |
| 4 | NCC Army, Air Force & Navy Wings Guide | Arihant Experts | Arihant Publications |

Web References

| Sr. No. | Website Address | Institution |
|---------|--------------------------|----------------------|
| 1 | https://indiancc.nic.in/ | National Cadet Corps |

| SY B.Com/BBA/IB/CA/ D&I-Semester-IV | | | |
|-------------------------------------|---|-------------|--|
| Course Code: | Subject : Youth Red Cross (C0-Curricular) | Credits : 2 | |
| Course Ob | jectives: | I | |
| 1. To explo | re the role & responsibilities of youth towards society. | | |
| 2. To Sprea | d community health education | | |
| | | | |
| | | | |
| Course Ou | itcome : | | |
| After comp | leting the course, the student shall be able to: | | |
| CO1: Unde | erstand the role & responsibilities of youth towards society. | | |
| | | | |

CO2: Apply & promote health & hygiene practices in the community.

| Unit | Unit Title | Contents | No of Lectures |
|------|--|---|----------------|
| I | Youth Responsibility towards Society | 1.1 Meaning & importance of Youth Volunteers 1.2 Role & responsibilities of youth towards society 1.3 Basic awareness on community resources mobilization & utilization, water & waste management 1.4 Activities of the Red Cross Youth 1.5 Gender Equality | 13 |
| Π | Community Health Education | 2.1 Promoting health and hygiene practices 2.2 Disease prevention and control 2.3 Nutrition and healthy lifestyle education 2.4 Advocacy for immunization and healthcare access | 13 |

| 2.5 Addressing common health issues in the community (e.g., sanitation, clean water) | |
|--|--|
| | |

| No of Lectures (Hours) | 26 |
|---------------------------------------|----|
| No of Lectures for Evaluation (Hours) | 04 |
| Total No of Lectures (Hours) | 30 |

Evaluation Method:

| Unit | Internal Evaluation (20 Marks) | External Evaluation (30 Marks) |
|------|--------------------------------|--------------------------------|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |

| Sr. No. | Title of Book | Author/s | Publication |
|---------|---------------------------------|-----------------------|---------------------|
| 1 | Financial Accounting | Dr. S. N. Maheshwari | Vikas Publishing |
| | | and Sharad K. | House |
| | | Maheshwari | |
| 2 | Financial Accounting | Dr. V. K. Goyal | Prentice Hall India |
| | | | Learning Private |
| | | | Limited |
| 3 | Cost Accounting: Principles and | Dr. M. N. Arora | Vikas Publishing |
| | Practice | | House |
| 4 | Cost Accounting: A Managerial | Dr. S. P. Jain and K. | Kalyani Publishers |
| | Emphasis | L. Narang | |

B. Com/ BBA/ BBA (IB)/ BBA (CA) / BBA (D&I) (Semester I)

Course Objectives:

- 1. To ensure the healthy life of students
- 2. To improve Physical and mental health of the students
- 3. To possess emotional and Spiritual stability of the students
- 4. To inculcate moral values.
- 5. To attain a higher level of consciousness.

Course Outcome:

After completing the course, the student shall be able to:

C01: Relate Yoga, Ashtanga Yoga, Pranayama and Meditation

CO2: Understand different Sitting and Standing Asnas

CO3: Illustrate Supine and Prone Asnas

CO4: Apply the Knowledge of Yoga to improve overall health of the students

| Unit | Unit Title | Contents | No. of Lectures | |
|------|-----------------------------|---|--------------------|--|
| I | Introduction of Yoga | Meaning and importance of Yoga Introduction to Astanga Yoga Active Lifestyle and stress management through Yoga | 3 | |
| II | Sitting Position Asanas | Dandasana Gomukhasana (Cow Face Pose) Parvatasana (Mountain Pose) Padmasana Yog Mudra Vajrasana Yog Mudra | 5 | |
| III | Standing Position Asanas | Itthita Parshvakonasana Tadasana Vrikshasana (Tree Pose) Virasana (Warrior Pose) Trikonasana (Triangle Pose) | 5 | |
| IV | Supine Position Asanas | Naukasana (Boat Pose) Dwipad Uttanasana(Raised Leg Pose) Dwipad Uttanasana Kriya Pawanmuktasana (Wind Relieving Pose) Setubandhasana(Bridge Pose) | 5 | |

| V | Prone Position Asanas | Sarpasana (Snake Pose) Bhujangasana(Cobra Pose) Ardha Salabhasana (Half Locust Pose/ Grasshopper Pose) Salabhasana (Locust Pose/ Grasshopper Pose) Dhanurasana (Bow Pose) | 5 |
|----|--------------------------|---|---|
| VI | Pranayama | Nadisuddhi ; Suryabedana ; Ujjai ; Sitali ; Sitacari ; Bhastrika ; Bramari ; | 7 |

| Evaluation | Marks (50) | |
|--------------------|--|--|
| Method / Unit | Continuous Comprehensive Evaluations (CCE) (Internals) (Marks) Assessment | |
| I, II, III, IV, V, | Various Internal Examination CCE (20Marks) | Semester End Examination (30 Marks) |
| VI | Departmentally organized assignment | College Organized Examination |

| Sr. | Title of the Book | Author/s | Publication | Place |
|-----|-----------------------------------|----------------|----------------------------|-----------|
| 1. | Light on Yoga | Iyengar, B.K. | Orient Longman Pvt. Ltd. | Mumbai |
| 2. | Light on Astanga Yoga | Iyengar, B.K. | Alchemy Publishers. | New Delhi |
| 3. | Guidelines for Yogic Practices | Gharote, M. L. | The Lonavla Yoga Institute | Pune |

Subject/Course: YOGA PRACTICES

B. Com/ BBA/ BBA (IB)/ BBA (CA) / BBA (D&I) (Semester II)

Course Objectives:

- 1. To ensure the healthy life of students
- 2. To improve Physical and mental health of the students
- 3. To possess emotional and Spiritual stability of the students
- 4. To inculcate moral values.
- 5. To attain a higher level of consciousness.

Course Outcome:

After completing the course, the student shall be able to:

C01: Relate Yoga, Ashtanga Yoga, Pranayama and Meditation

CO2: Understand different Sitting and Standing Asnas

CO3: Illustrate Supine and Prone Asnas

CO4: Apply the Knowledge of Yoga to improve overall health of the students

| Unit | Unit Title | Contents | No. of Lectures |
|---------------------------------------|-----------------------------|--|--------------------|
| Ι | Suryanamskar | Yogic Suryanamaskara with Mantras | 5 |
| Asanas Paschimottanasana (Forward Ber | | | 5 |
| III | Standing Position Asanas | Ugrasana Garudasana Nataraj Asana Ardha Chakrasana Kati Chakrasana | 5 |
| IV | Supine Position Asanas | Markatasana(Monkey Pose / Spinal Twist Pose) Markatasana Variation (Monkey Pose / Spinal Twist Pose) Sarvangasana (Shoulder Stand) Chakrasana (Wheel Pose) Halasana | 5 |
| V | Prone Position Asanas | Dhanurasana (Bow Pose) Bhujangasana (Cobra Pose) Adho Mukha Svanasana(Downward Dog Pose) Plank Pose Naukasana (Boat Pose) Makarasana | 5 |

| VI | Yoga for Health | Shashankasana (Rabbit Pose/ Child Pose) | 5 |
|----|---------------------|---|---|
| | Problems and | Ushtrasana (Camel Pose) | |
| | Remedies | Cat & Camel Pose | |
| | | Baddha Konasana(Cobbler's Pose) | |
| | | Supta Baddha Konasana(Goddess Pose) | |
| | | Supine : Setubandhasan(Bridge Pose) | |
| | | Matsyasana (Fish Pose) | |
| | | Prone : Adhomukhashwanasana (Downward Dog | |
| | | Position) | |
| | | Dhanurasana (Bow Pose) | |
| | | Sitting : Janu Sirasana (Head To Knee Pose) | |
| | | Paschimottanasana (Seated Forward Bend) | |
| | | Upavistha Konasana(Seated Straddle) | |
| | | Butterfly | |
| | | Baddha Konasana(Cobbler's Pose) | |
| | | Malasana (Garland Pose) | |
| ł | | | |

| Evaluation | Marks (50) | |
|--|---|--|
| Method / Unit Continuous Comprehensive Evaluations (CCE) (Internals) (Marks) Assessment | | Assessment |
| I, II, III, IV, V, | Various Internal Examination CCE (20Marks) | Semester End Examination (30 Marks) |
| VI | Departmentally organized assignment | College Organized Examination |

| Sr. | Title of the Book | Author/s | Publication | Place |
|-----|-----------------------------------|----------------|----------------------------|-----------|
| 1. | Light on Yoga | Iyengar, B.K. | Orient Longman Pvt. Ltd. | Mumbai |
| 2. | Light on Astanga Yoga | Iyengar, B.K. | Alchemy Publishers. | New Delhi |
| 3. | Guidelines for Yogic Practices | Gharote, M. L. | The Lonavla Yoga Institute | Pune |

| SYBBA-Semester-III | | |
|-----------------------------------|---|------------|
| Course Code: 23BB3- K091 | Subject: Participation in Cultural Activities | Credits :2 |

Course Objectives:

- 1. Acquire practical skills in at least one cultural activity through hands-on experience.
- **2.** Critically evaluate the impact of cultural competitions on personal growth and community engagement.

Course Outcome:

After completing the course, the student shall be able to

CO1: Actively engage in cultural activities at various levels with confidence and enthusiasm.

CO2: Reflect on personal cultural experiences and articulate how participation has contributed to personal growth and identity.

| Unit | Unit Title | Contents | No of Lectures |
|------|---------------------------|--|----------------|
| I | Cultural Participation | Participation in Cultural activities at National/International and State Level. Participation in Cultural activities at | 15 hrs |
| | | University/District Level. (Cultural Activates includes participation in competitions of Dance, Music, Drama, Paintings, Drawings, or any other art form.) | |

Credit Allocation

| Sr. No | Details |
|--------|--|
| 1 | Participation in Participation in Cultural activities at National/International and State Level: Participation: 01 Credit Rank Holder (1 st , 2 ^{nd,} and 3 rd): 02 Credits |
| 2 | Participation in Cultural activities at University/District Level: Rank Holder (1 st , 2 nd , and 3 ^{rd):} 01 Credit |



Maharashtra Education Society's Garware College of Commerce (Autonomous) Programme – B.Com/ BBA/ BBA-CA/ BBA-D&I/ BBA-IB Board of Studies: - Co-Curricular

| | SY (Semester IV) | | | | | |
|---|---|---|-------------------|--|--|--|
| Course | Code: | Course: Performing Arts (Cultural and Dramatics Association) | Marks: 50 | | | |
| | | | Credits: 02 | | | |
| Course | Objectives: | | 1 | | | |
| 2. T ta Course After con 1. A | evelopment of Indi to familiarize stude to appreciate and en Outcome: mpleting the course Apply fundamental | with a comprehensive understanding of the history of music, with ian musical traditions. ents with vocal and instrumental techniques specific to Indian music, gage with traditional performances. e, the student shall be able to principles of music theory to analyze and appreciate various aspects elody, harmony, rhythm, and form. | enabling them | | | |
| | Gain insight into the ime. | e origin of Indian music, recognizing its diverse roots and historical e | evolution over | | | |
| Unit | Unit Title | Contents | No of lectures | | | |
| I Introduction to 1.1 History of Music Music 1.2 Fundamentals of Music Theory 1.3 Vocal and Instrumental Techniques 1.4 Music Genres and Styles | | 1.2 Fundamentals of Music Theory1.3 Vocal and Instrumental Techniques | 15 | | | |
| II | Indian Music | 2.1 Origin of Indian Music2.2 Cultural Significance of Indian Music2.3 Concept of Raga, Tala, and Sargam | 15 | | | |
| Total No | of Lectures | | 30 | | | |

| Unit | Unit Title | | Outcome expected | |
|------|------------|--|------------------|--|

| | | Teaching methodology | Project /Hands-on exposure/Prac tice-based | Conceptual un of Knowledge /Attributes etc. | /Skills | Weight age of Marks (%) |
|---|--------------------------|--|---|---|---|----------------------------------|
| I | Introduction to Music | PowerPoint Presentation, Group Discussion. | Practical based on Music Theories | Understand the basics of Music | To grasp the skills required for Music | 50 |
| П | Indian Music | PowerPoint Presentation, Drama Practice | Practical based on Indian Music | To provide basics of Indian Music | To have the knowledge of Indian Music | 50 |

References

| Sr. No. | Title of the Book | Author/s | Publication |
|---------|--|----------------------|-----------------|
| 1 | Theater: The Lively Art | Edwin Wilson | McGraw Hill |
| 2 | The Oxford Handbook of Dance and Theater | Nadine George-Graves | Oxford Handbook |
| 3 | The Complete Idiot's Guide to Music Composition | Michael Miller | |