

FYBBA SEM I
NEP 2026
COURSE STRUCTURE

Note: Click on the subject name or subject code to access the link to subject details.

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MAJOR CORE				
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2	<u>Principles of Finance</u>	26BB1-A102	2	3
3	<u>Principles of Human Resource Management-I</u>	26BB1-A103	2	5
VSC - VOCATIONAL SKILL COURSE (Compulsory)				
4	<u>Business Economics (Micro)</u>	26BB1-C104	2	7
IKS - INDIAN KNOWLEDGE SYSTEMS (Compulsory)				
5	<u>Indian Knowledge System</u>	23BB1-D105	2	9
GE/OE- GENERIC/OPEN ELECTIVE (Optional)				
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SEC - SKILL ENHANCEMENT COURSE (Compulsory)				
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Total Credits			22	

Course Code: 26BB1-A101	Course: Principles of Marketing-I		Marks: 50 Credits: 2
Course Objectives:			
<ol style="list-style-type: none"> To understand basic concepts of marketing, approaches of marketing, challenges and opportunities in marketing. To study and understand the concept of marketing environment and market segmentations. 			
Course Outcome:			
After completing the course, the student shall be able to-			
CO1: Understand basic concept of marketing, various approaches of marketing and opportunities and challenges of marketing.			
CO2: Know about changing various factors which affects the marketing system, study the profiles of change in technology, economic policy and demography of Indian market, study the types of segmentation, and develop right understanding of profile of Indian market.			
Unit	Unit Title	Contents	No. of Lectures
I	Basic Concepts of Marketing	1.1 Basic marketing concepts, objectives, importance and functions of marketing. 1.2 Various approaches of marketing. 1.3 Challenges and opportunities in marketing.	15
II	Marketing Environment and Market Segmentation	2.1 Marketing Environment – meaning and importance. 2.2 Internal and external environment. 2.3 Domestic and international environment. 2.4 Political, social, economic and technological factors influencing marketing environment. 1.4 Market Segmentation-concepts, importance and types of segmentation.	15
Total No. of Lectures			30

Suggested Readings:

Sr. No.	Title of the Book	Author/s	Publication	Place
1.	Marketing Management	Philip Kotler & Kevin Lane Keller	Pearson India	South Asia
2.	Marketing Management	V. S. Ramaswamy, S. Namakumari	Macmillan	New Delhi
3.	Marketing In India Text and cases	S. Neelamrgham	Vikas Publication	New Delhi
4.	Textbook of Marketing	Keith Blois	Oxford	New Delhi
5.	Marketing - Cases Insights	Paul Baines, Chris Fill, Kelly Piyush K. Sinha	Oxford	New Delhi
6.	Foundational Of marketing	John Fahy & David Jobber	Tata McGraw Hill	New Delhi

Course Code: 26BB1-A102	Course: Principles of Finance		Marks: 50 Credits: 2
Course Objectives:			
<ol style="list-style-type: none"> To study the basic concepts of finance. To identify various sources of finance available to Businesses. 			
Course Outcome:			
After completing the course, the student shall be able to			
CO1: Understand the basic concepts of Finance			
CO2: Comprehend the utility and benefits of various sources of finance			
Unit	Unit Title	Contents	No. of Lectures
I	Basics of Finance	1.1 Definition – Meaning, Nature, Importance and Scope of Finance Function, 1.2 Financial Management – Meaning, Importance, Approaches: -Traditional & Modern 1.3 Role of Finance Manager. 1.4 Concept of Capital structure, Importance & factors affecting Capital Structure 1.5 Financial Planning- Meaning, Importance, Features of good Financial plan.	10
II	Sources of Finance	2.1 External: - Shares, Debentures, Public Deposits, Borrowing from banks: - Meaning, Types, Advantages and Limitations of these sources 2.2 Internal: - Reserves and Surplus, Bonus Shares, Retained earnings. Advantages and Limitations of these sources. 2.3 Venture Capital 2.4 Lease Financing 2.5 Crowd Funding 2.5 Green & Sustainable Finance	15
Total No of Lectures			30

Suggested Reading:

Sr. No	Name of the Book	Author	Publication
1	Financial Management – Theory and Practice	Prasanna Chandra	McGraw Hill Education
2	Financial Management	I.M. Pandey	Vikas Publishing House Pvt. Ltd.
3	Financial Management	Rajiv Srivastava, Anil Mishra	Oxford – University Press
4	Financial Management	P.V. Kulkarni, B.G. Satyaprasad	Himalaya Publishing House
5	Fundamentals of Financial Management	James C. Van Horne, John M. Wachowicz	Prentice Hall of India Pvt. Ltd
6	Financial management Comprehensive Text Book with Case Studies	Ravi M. Kishore	Taxmann's

7	Financial management – Recent Trends in Practical Application	Chandra HariharanIyer	International BookHouse Pvt. Ltd.
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Course Code: 26BB1-A103	Course: Principles of Human Resource Management	Marks: 50 Credits: 2	
Course Objectives: 1.To introduce students to nature & scope of Human Resource Management. 2. To give in depth understanding of Manpower planning & Job Analysis. 3. To introduce students to the process & significance of Recruitment & Selection.			
Course Outcomes: After completing the Course, the students shall be able to: CO1: Understand the span & significance of Human Resource management function in the organization w.r.t. recent trends. CO2: Relate various labour market factors influencing Manpower planning & strategize the Manpower Planning & Job Analysis. CO3: Analyze contemporary Recruitment & Selection processes in the industry.			
Unit	Unit Title	Contents	No. of Lectures
I	Introduction to HRM	1.1 Human Resource Management: 1.1.1 Meaning, Definition, Features, 1.1.2 Evolution of HRM 1.1.3 Objectives, Importance, Functions, Principles 1.1.4 Role of HR Manager 1.2 Recent Trends in HRM: Worklife Balance, Hybrid Mode of working, Employee Wellbeing, Diversity-Equity & Inclusion, Buddy System in organizations Green HRM, AI in HR, Employer Branding	10
II	Manpower Planning & Job Analysis	2.1 Manpower Planning 2.1.1 Manpower Planning: Meaning, Definition, Nature, Need of Manpower Planning, Scope, Objectives 2.1.2 Process of Manpower Planning 2.1.3 Factors influencing the estimation of Human Resource in organization 2.1.4 Advantages & Limitations of Human Resource Planning 2.2 Job Analysis 2.2.1 Meaning & Components: Job Description & Job Specification 2.2.2 Job Description: Meaning, Components 2.2.3 Job Specification: Meaning, Components 2.2.4 Process of Job Analysis 2.2.5 HRM functions affected by Job Analysis	10
III	Recruitment & Selection	3.1 Recruitment 3.1.1 Meaning, Definition, Objectives of Recruitment 3.1.2 Factors affecting recruitment: Internal & External 3.1.3 Sources of Recruitment: <ul style="list-style-type: none"> • Internal Sources: Advantages & Disadvantages • External Sources: Advantages & Disadvantages 3.1.4 Sourcing: Meaning 3.1.5 Talent Pool & Talent Pipeline: Meaning	10

		3.1.6 Difference between Active & Passive Job Seekers 3.2 Selection 3.2.1 Meaning, Process 3.2.2 Selection Tests: Types, Validation & Reliability of tests 3.2.3 Selection Interviews: Types	
Total No. of Lectures			30

Suggested Readings:

Sr. No.	Title of Book	Author/s	Publication
1	Human Resource Management	L.M. Prasad	Sultan Chand & Sons
2	Human Resource Management: Text & Cases	K. Aswathappa	McGraw-Hill

Course Code: 26BB1-C104	Course: Business Economics (Micro)	Marks: 50 Credits: 2	
Course Objectives:			
1. To introduce basic concepts of Business Economics, Microeconomics and Demand Behaviour. 2. To develop understanding of Supply Behaviour, Production Behaviour and cost concepts in Production. 3. To familiarize students with Revenue concepts and different forms of Market Structures.			
Course Outcomes:			
After completion of this course students will be able to;			
CO1: Explain the Demand Behaviour and interpret Price Elasticity of Demand using examples.			
CO2: Describe Supply Behaviour, analyse Production relationships and analyse different Cost concepts and Short-Run Cost Curves.			
CO3: Analyse Revenue concepts, understand the Profit Maximisation Condition and differentiate between major Market Structures based on their features.			
Unit No.	Unit Title	Content	No. of Lectures
I	Introduction and Demand Analysis	1.1. Introduction to Business Economics 1.1.1. Business Economics: Meaning 1.1.2. Microeconomics: Meaning, Nature, Scope and Importance and Limitations 1.2. Demand Analysis: 1.2.1. Concept of Demand 1.2.2. Determinants of Demand 1.2.3. Law of Demand and its Exceptions 1.2.3. Price Elasticity of Demand: Meaning and Degrees	10
II	Supply Analysis, Production Analysis and Cost Analysis	2.1. Supply Analysis: 2.1.1. Concept of Supply 2.1.2. Determinants of Supply 2.1.3. Law of Supply and its Exceptions 2.2. Production Analysis 2.2.1. Meaning of Production Function 2.2.2. Total Product, Average Product and Marginal Product 2.2.3. Law of Variable Proportion 2.3. Cost Analysis: 2.3.1. Concept of Cost and Types of Cost: Fixed Cost and Variable Cost, Total Cost, Marginal Cost and Average Cost. 2.3.3. Short Run Cost Curves Analysis 2.3.4. Long Run Cost Curve Analysis	10
III	Revenue Analysis and Market Structures	3.1. Revenue Analysis: 3.1.1. Concept of Revenue 3.1.2. Types of Revenue: Total Revenue, Average Revenue and Marginal Revenue 3.2. Concept of Profit Maximisation 3.3. Market Structures: 3.3.1. Perfect Competition: Meaning and Features 3.3.2. Monopoly: Meaning and Features 3.3.3. Monopolistic Competition: Meaning and Features 3.3.4. Oligopoly: Meaning and Features	10
Total No of Lectures			30

Suggested Readings:

Sr. No	Title of Book	Author/s	Publication
1	Advanced Economic Theory	Ahuja H. L.	S. Chand and Company
2	Principles of Microeconomics	Ahuja H. L.	S. Chand and Company
3	Economics Principles and Applications.	N. Gregory Mankiw	Cengage Learning India Pvt. Ltd
4	Principles of Economics	N. Gregory Mankiw	Cengage Learning India Pvt. Ltd
5	Business Economics	Andrew Gillespie	Oxford Press
6	Business Economics	Rob Dransfield	Vikas Publishing House
7	Business Economics – Theory and. Applications	Dr. D.D. Chaturvedi, Dr. S. L. Gupta	International Book House
8	Economics for management – Text and Cases Mumbai	S. K. Sarangi	Himalaya Publishing House
9	Elements of Economics	R.G. Lipsey	Pearson
10	Microeconomics	M.L. Jhingan	Vrinda
11	Day To Day Economics	Prof. Deodhar Satish Y.	Penguin Random House

Course Code: 26BB1-D105	Course: Indian Knowledge System	Marks: 50 Credits: 2
<p>Course Objectives:</p> <ol style="list-style-type: none"> To provide a foundational understanding of various Indian Knowledge Systems based on authentic textual resources. To explore the historical context and evolution of these knowledge systems. To highlight the relevance and application of Indian Knowledge Systems in contemporary society. To develop critical thinking and analytical skills by examining primary and secondary sources. 		
<p>Course Outcomes:</p> <p>After completion of this course students will be able to;</p> <ol style="list-style-type: none"> Understand the fundamental concepts of Bharatiya Knowledge Systems (IKS) and their historical development. Identify and explain key scriptures, philosophies, and traditions, such as the Vedas, Upanishads, epics, and schools of thought. Apply knowledge of ancient Indian science, medicine, governance, and agriculture to recognize their influence and relevance in modern contexts. Analyse aspects of India's civilisation and culture, including temple architecture, dynasties, and iconography, and explain their significance. 		
Unit	Unit Title	Contents
1	Introduction to Bharatiya Knowledge Systems (IKS)	Introduction to Bharatiya Knowledge Systems (IKS)
2	Bharatvarsh	Bharatvarsh, Geography of India
3	Vedas and Upnishad	<ol style="list-style-type: none"> Rigveda Yajurveda Samaveda Atharveda Upnishad-s
4	Epic and Puranas	<ol style="list-style-type: none"> Ramayana Mahabharata Purana-s
5	Astika Philosophies, Buddhism, Jainism and Charvaca	<ol style="list-style-type: none"> Origins of Indian Philosophy Indian Philosophical Schools
6	Mathematics, Astronomy and Scientific Literature	<ol style="list-style-type: none"> Ancient Indian Maths and traditions The Decimal system Calendrical systems Linguistics Chemistry
7	Medicine and Health	<ol style="list-style-type: none"> Ayurveda Yogashastra
8	Governance and Arthashastra	Governance and Arthashastra
9	Food and Agriculture	<ol style="list-style-type: none"> Food Agriculture and Animal husbandry
10	Civilisation and Culture	<ol style="list-style-type: none"> The History of the Indian Civilisation Ancient Indian Dynasties Temple Architecture Iconography

Course Code: 26BB1-G106	Course: IT Tools		Marks: 100 Credits: 4
<p>Course Objectives:</p> <ol style="list-style-type: none"> 1. To introduce students to the role and evolution of Information Technology in modern and international business environments. 2. To familiarize students with business information systems, e-commerce platforms, and digital business tools used in organizations. 3. To develop basic understanding of databases, data management, and analytics used in business decision-making. 4. To expose students to emerging technologies such as Artificial Intelligence, automation, blockchain, and fintech in business applications. 5. To enable students to understand digital transformation and technology-driven business operations. 			
<p>Course Outcome: After completing the course, the student shall be able to</p> <p>CO1: Understand the role of Information Technology in global business and organizational operations. CO2: Explain the importance of business information systems, databases, and data management in organizations. CO3: Use digital business tools such as e-commerce platforms, CRM systems, and digital marketing tools. CO4: Understand emerging technologies such as Artificial Intelligence, blockchain, fintech, and automation in business environments.</p>			
Unit	Unit Title	Contents	No. of Lectures
I	Introduction to IT in International Business	1.1 Evolution of Information Technology in Business 1.2 Role of IT in Global Trade and International Business 1.3 Digital Transformation in Organizations 1.4 E-Business and E-Commerce Platforms 1.5 Business Information Systems (MIS, ERP, CRM) 1.6 Cybersecurity Basics in Business	15
II	Database Management & Emerging Technologies in Business	2.1 Introduction to databases and DBMS 2.2 Data organization and data management 2.3 Basics of SQL for business data 2.4 Artificial Intelligence in Business 2.5 Generative AI tools for business productivity 2.6 Business automation tools (Zapier, Make, Power Automate) 2.7 Business analytics and dashboards 2.8 Blockchain in international trade 2.9 Digital payment systems and fintech	15
III	Digital Business Tools and Online Platforms	3.1 Introduction to E-Commerce platforms 3.2 Digital payment systems and fintech tools 3.3 Customer Relationship Management (CRM) tools 3.4 Digital marketing tools 3.5 Social media management platforms	15

IV	Emerging Technologies in Business	4.1 Artificial Intelligence tools for business productivity 4.2 Automation tools and workflow automation 4.3 AI chatbots and AI assistants 4.4 Basics of blockchain in business 4.5 Internet of Things (IoT) in business 4.6 Future of work and digital skills	15
Total No. of Lectures			60

Suggested Readings:

- Business Analytics” – James Evans
- CompTIA IT Fundamentals” – CompTIA
- The Digital Transformation Playbook” – David L. Rogers

Course Code: 26BB1-H107	Course: Personality Development		Marks: 50 Credits: 2
Course Objectives:			
1. To develop reasonable knowledge about Personality Development. 2. To build self-confidence and goal setting among the students.			
Course Outcome:			
After completing the course, the student shall be able to CO1: Understand qualities required for a pleasing personality. CO2: Build self-confidence and set their goals.			
Unit	Unit Title	Contents	No. of Lectures
I	Introduction to Personality Development	1.1 Meaning of Personality, Define Personality and different types of Personalities, Personality Traits /Determinants. (Traits required to be successful) 1.2 Types of Personalities – Introvert, Extrovert & Ambivert person, Effective Communication & Its key aspects. 1.3 Developing Positive Personality, Importance of Empathy and Emotional Intelligence, Ethics and Values (National and International)	13
II	Goal Setting and self-Development	2.1 Self-Assessment- Finding Own Personality type (Conduct any Personality Test like Myers Briggs’) 2.2 Goal Setting- SWOT Analysis, Interpersonal skills, understanding people/Social behavior 2.3 Team Building- Be a team player, adapt in different cultural and work styles, Maintain professional and social relationships Assertiveness, Decision making skills, Leadership & Qualities of Successful Leader.	17
Total No. of Lectures			30

Suggested Readings

No.	Book Name	Author	Publisher
1	How to Win Friends and Influence People	Dale Carnegie	Simon & Schuster
2	Think and Grow Rich	Napoleon Hill	The Ralston Society

3	The 7 Habits of Highly Effective People	Stephen R. Covey	Free Press
7	The Monk Who Sold His Ferrari	Robin Sharma	HarperCollins
8	The Magic of Thinking Big	David J. Schwartz	Simon & Schuster
9	You Can Win	Shiv Khera	Macmillan India
10	Wings of Fire	A. P. J. Abdul Kalam & Arun Tiwari	Universities Press
11	Ignited Minds	A. P. J. Abdul Kalam	Penguin Books India
12	Inner Engineering	Sadhguru	Spiegel & Grau / Penguin Random House India
13	Life's Amazing Secrets	Gaur Gopal Das	Penguin Ananda
14	Connect the Dots	Rashmi Bansal	Westland Publications

Course Code: 26BB1-I108	Subject: English for Business Communication		Marks: 50 Credits: 2
Course Objectives:			
<ol style="list-style-type: none"> To understand the English grammar and develop writing skills. To understand and develop the professional communication skills. 			
Course Outcome:			
After completing the course, the student shall be able to			
CO1: Demonstrate basic knowledge of English grammar and writing skills			
CO2: Develop the professional communication skills			
Unit	Unit Title	Contents	No. of Lectures
I	Basic English Grammar & writing skills	1.1 Active and Passive voice, tenses 1.2 Identifying nouns, adjectives, adverbs, pronouns, punctuations 1.3 Paraphrasing 1.4. Concept, need and functions of writing skills like Business Correspondence 1.5 Essentials of Business Letters 1.6 Seven C's of Business Letters 1.7 Types of Business letters 1.8 Layout/Drafting of business letter. 1.9 Business Correspondence: Enquiry Letter, Reply to 1.10 enquiry, Purchase Order, Credit & Status enquiry letter, Sales Letter, Complaint letter, promotional letter, leave application and resignation letters 1.11 Dialog Writing, Notice and Circular writing, Blog Writing	15
II	Introduction to Professional Communication Skills and their methods	2.1 Communication - meaning, importance, communication process model 2.2. Process of Communication 2.3. Barriers in Communication 2.4. Verbal Communication, Non-verbal Communication, 2.5. Formal Communication, Informal Communication. 2.6. Oral communication- Objectives, Functions, Advantages and Disadvantages. Types of Oral Communication 2.7. Written communication, Pros and Cons of written communication, Constraints in developing effective written communication. 2.8 Non-Verbal Communication- Objectives, Functions, Advantages and Disadvantages. Forms of Non- Verbal Communication	15
Total No of Lectures			30

Sr. No.	Title	Author
1	Business Communication	K. K. Sinha
2	Business Correspondence & Report Writing	R. C. Sharma & Krishan Moha

3	Communication	C.S. Rayudu
4	Business Communication	Asha Kaul
5	Soft Skills	Dr. Alex
6	Essentials of Business Communication	Rajendra Pal & Korlahalli
7	Managerial Communication	P. D. Chaturvedi & Mukesh Chaturvedi
8	Business Communication	Prasad , SOna
9	Business Communication	Jain V.K
10	Business Communication	Rai, Urmila
11	Business Communication	Hiremath ,Saroj
12	Business Communication	Ashish , Aishwarya
13	Business Communication	ICMR – ICFAI Centre for Management Research

Course Code: 26BB1-J109	Course: Environmental Studies and Sustainability		Marks: 50 Credits: 2
<p>Course Objectives:</p> <ol style="list-style-type: none"> 1. Introduce students to the philosophical and ethical foundations of environmental responsibility. 2. Familiarize students with sustainability concepts relevant to business and economic development. 3. Explain the idea of carbon footprint, carbon markets, and climate responsibility in corporate practice. 4. Provide an understanding of green finance, Green Marketing, Green Human Resource and ESG frameworks used in modern corporate governance. 5. Explore innovative sustainability approaches such as biomimicry and circular economy models. 			
<p>Course Outcome:</p> <p>After completing the course, the student shall be able to</p> <p>CO1: Explain the principles of environmental ethics and sustainable development and analyze the role of businesses in addressing climate change and environmental challenges.</p> <p>CO2: Understand the concept of carbon footprint and emerging carbon markets.</p> <p>CO3: Evaluate green finance instruments and ESG practices used in corporate governance.</p> <p>CO4: Identify innovative sustainability approaches such as biomimicry and circular economy models.</p>			
Unit	Unit Title	Contents	No. of Lectures
I	Environmental Ethics and Sustainable Development	<ul style="list-style-type: none"> • Meaning and scope of environmental ethics • Aspects of Sustainable development (Environmental, Economic, Social, Cultural, Technological, Political) • Anthropocentric and eco centric perspectives • Environmental Index Parameters • Economic Sustainability Index Parameters • Environmental stewardship and ethical responsibility • Sustainable development and intergenerational equity • Tragedy of the Commons • United Nations Sustainable Development Goals (SDGs) • Corporate Social Responsibility (CSR) and environmental responsibility • Triple Bottom Line: People, Planet, Profit • Integration of Triple Bottom Line 	8
II	Carbon Footprint and Carbon Economy	<ul style="list-style-type: none"> • Concept of carbon footprint and climate change • Measurement of carbon emissions • Corporate carbon accounting • Carbon as the “new currency” in global environmental governance • Carbon credits and carbon markets • Carbon pricing mechanisms: carbon tax and cap-and-trade • Net-zero commitments and corporate climate strategies 	7
III	Green Finance, Marketing, HR and Sustainable Business	<ul style="list-style-type: none"> • Meaning and importance of green finance/HR/Marketing • Climate finance and sustainable investment • Green bonds 2.0 • Sustainability -linked financial instruments • ESG (Environmental, Social and Governance) framework • AI- Based ESG scoring 	7

		<ul style="list-style-type: none"> • Carbon Credit Markets • Block Chain based Green Bonds • Paper less HR systems • Circular economy principles • Sustainable supply chains and resource efficiency 	
IV	Biomimicry and Future of Sustainable Business	<ul style="list-style-type: none"> • Concept of biomimicry and nature-inspired innovation • Principles of ecological design • Applications of biomimicry in business and industry • Nature-inspired product design and architecture • Green entrepreneurship and sustainability innovation • Climate-tech and sustainable business models • Corporate leadership in environmental responsibility 	8
Total No. of Lectures			30

Suggested Readings:

1. Janine Benyus — *Biomimicry: Innovation Inspired by Nature*
2. Andrew J. Hoffman — *Business and Sustainability*
3. Dieter Helm — *Burn Out: The Endgame for Fossil Fuels*
4. OECD — *Green Finance and Investment Reports*
5. United Nations — *Sustainable Development Goals Report*
6. Michael E. Porter & Mark Kramer — “Creating Shared Value,” *Harvard Business Review*
7. UNEP — *Green Economy Report*

Course Code: 26BB1-K109	Course: Sports Proficiency and Participation in Sports Competitions (Inter-Collegiate Level)	Marks: 50 Credits :2
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Course Objectives:

1. Encourage participation in inter-collegiate sports competitions.
2. Develop physical fitness, discipline and sportsmanship.
3. Identify and nurture sports talent.
4. Promote holistic development as per NEP 2020.
5. Develop leadership, perseverance and confidence.

Course Outcome:

After completing the course, the student shall be able to:

CO1: Participate actively in inter-collegiate sports competitions and represent the institution with improved competitive skills.

CO2: Demonstrate improved physical fitness, discipline, teamwork, and sportsmanship through regular participation in sports activities.

CO3: Identify individual sports abilities and talents and apply systematic training methods to enhance performance.

CO4: Integrate physical activity, well-being, and value-based learning in accordance with the vision of the National Education Policy 2020 (NEP 2020) for holistic development.

CO5: Exhibit leadership qualities, perseverance, self-confidence, and decision-making abilities through participation in team and individual sports activities.

Unit	Unit Title	Contents	No. of Lectures
I	Physical Fitness Development	Strength, Endurance, Flexibility, Speed, Agility, Balance, Coordination, Reaction Time, Body Composition	15 Hours
II	Sports Training and Practice	Skill training, practice sessions, drills, sport specific techniques and practice matches	15 Hours
III	Sports Nutrition and Recovery	Balanced diet, hydration, rest, recovery methods and injury prevention	10 Hours
IV	Participation in Sports Competitions	Participation in inter-collegiate sports competitions and trials	20 Hours

Sr.	Title of the Book	Author/s	Publication
1.	Foundation of Physical Education, Exercise Science and Sports.	Bucher, C. A., & Wuest, D. A.	Tata McGraw Hill Education Private Limited, New Delhi
2.	Science of Sports Training	Dr. Hardayal Singh	Friends Publications, New Delhi
3.	Advanced Fitness Assessment and exercise prescription	Hayward, V	Human Kinetics, USA
4.	Physical Activity and Health Guidelines	Rahl, R. V	Human Kinetics, USA
5.	Essentials of Physical Education	Ajmar Singh	Kalyani Publication, Delhi
6.	Health, Exercise and Fitness	Muller, J.	Sports Publication.
7.	Fundamentals of Sports Training	L. Matveyev	Friends Publications

Course Code: 26BB1-K117	Course: National Cadet Corps - I	Marks: 50 Credits: 02	
Course Objectives:			
1. To introduce students to the concept of discipline, leadership, and citizenship. 2. To develop awareness about the role of youth in nation-building and community development. 3. To familiarize students with basic concepts of personality development and teamwork. 4. To prepare students for advanced understanding of NCC organisation and Armed Forces in higher semesters.			
Course Outcome:			
After completing the course, the student shall be able to			
CO1. demonstrate an understanding of discipline, leadership, and civic responsibilities.			
CO2. explain the role of youth in social service and national development.			
CO3. develop teamwork, communication skills, and leadership qualities.			
CO4. build a foundation for further learning about NCC and the Armed Forces.			
Unit	Unit Title	Contents	No. of Lectures
I	Citizenship, Discipline and Leadership	1.1 Meaning and importance of discipline 1.2 Duties and responsibilities of citizens 1.3 Fundamental Duties under the Constitution of India 1.4 Leadership: Meaning, qualities and types 1.5 Role of youth in nation building 1.6 Social responsibility and community service 1.7 Teamwork and group dynamics	15
II	Personality development & Introduction to NCC	2.1 Personality development: Meaning and importance 2.2 Communication skills and confidence building 2.3 Time management and goal setting 2.4 Health, hygiene and physical fitness 2.5 Environmental awareness and sustainability 2.6 Social service activities and community engagement 2.7 Introduction to NCC activities and opportunities	15
Total No. of Lectures			30

Sr. No.	Title of the Book	Author/s	Publication
1	NCC: Handbook	R.K. Gupta	Ramesh Publishing House
2	NCC Army Wing	RPH Editorial Board	Ramesh Publishing House
3	MISSION NCC MCQ Book	Nitin Nikode	Ujwala Prakashan
4	NCC Army, Air Force & Navy Wings Guide	Arihant Experts	Arihant Publications

Course Code: 26BB1-K118	Subject: National Service Scheme I		Marks: 50 Credits: 02
Course Objectives:			
<ol style="list-style-type: none"> To help learners know about NSS in the context of youth, community and voluntary service. To propagate yoga as a way of healthy living. 			
Course Outcome:			
After completing the course, the student shall be able to:			
CO1: Learners will have the knowledge about NSS and its role in the fields of health, hygiene and sanitation so as to build a strong country.			
CO2: They will be able to use Yoga for healthy living.			
Unit	Unit Title	Contents	No. of Lectures
I	Life Competencies & Youth Leadership	Definition and importance of life competencies; communication and soft skills; Youth leadership	10
II	Youth Health and Yoga	Healthy lifestyles; drugs and substance abuse, History and philosophy of yoga; Yoga for healthy living	20
Total No. of Lectures			30

Suggested Readings:

- NSS Manual
- National Youth Policy Document
- National Service Scheme - A Youth Volunteers Programme For Under Graduate Students as Per UGC Guidelines by J D S Panwar, A K Jain & B K Rathi (Astral)
- Communication Skills by N Rao & R P Das (HPH)
- Light on Yoga by B K Iyenger (Thorsons)
- Guide to Report Writing by Michael Netzley and Craig Snow (Pearson)

Course Code: 26BB1-K119		Subject: Youth Red Cross I		Marks: 50 Credits: 02
Course Objectives:				
1. To introduce college students to the functioning and activities of the Red Cross Society at the global level.				
2. To develop an understanding of humanitarian principles and ethical values.				
Course Outcome:				
After completing the course, the student shall be able to:				
CO1: Understand the functioning and various activities carried out by the Red Cross Society at the global level.				
CO2: Apply humanitarian principles and ethical values while performing social and community service activities.				
Unit	Unit Title	Contents		No. of Lectures
I	Introduction to Red Cross Society	1.1 History and Mission of the International Red Cross and Red Crescent Movement 1.2 Fundamental Principles of the Red Cross – Humanity, Impartiality, Neutrality, Independence, Voluntary Service, Unity, and Universality 1.3 Organisation of the Red Cross Movement 1.4 Functions of the International Committee of the Red Cross (ICRC) 1.5 Role of the International Federation of Red Cross and Red Crescent Societies (IFRC) 1.6 Functions of National Red Cross Societies (NRCS) 1.7 Functions of the Indian Red Cross Society (IRCS) 1.8 Red Cross Activities at the State Level 1.9 Red Cross Activities at the Pune District Branch.		15
II	Humanitarian Principles & Ethics	2.1 Understanding humanitarian principles in action 2.2 Ethical considerations in humanitarian work 2.3 Respect for cultural diversity and inclusivity 2.4 Upholding the dignity and rights of individuals in need 2.5 Group discussions and case studies on humanitarian dilemmas.		15
Total No. of Lectures				30

Suggested Readings

Sr. No.	Title of Book	Author/s	Publication
1	Fundamentals of the Red Cross	Henry Dunant	International Committee of the Red Cross
2	The Red Cross Movement: History and Principles	Caroline Moorehead	HarperCollins
3	Introduction to the International Red Cross and Red Crescent Movement	International Committee of the Red Cross	International Committee of the Red Cross
4	Community Health and First Aid	B. Sridhar Rao	

			Jaypee Brothers Medical Publishers
5	Indian Red Cross Society – A Handbook	Indian Red Cross Society	Indian Red Cross Society

Course Code: 26BB1-K120	Course: Performing Arts (Cultural and Dramatics Association) I		Marks: 50 Credits: 02
Course Objectives:			
<ol style="list-style-type: none"> To provide students with a comprehensive understanding of the performing arts disciplines of Dance, Drama, and Music. To explore the management of stage and learn it as a skill. 			
Course Outcome:			
After completing the course, the student shall be able to			
<ol style="list-style-type: none"> Demonstrate a comprehensive understanding of the fundamental concepts and practices of Dance, Drama, and Music. Students will be able to articulate the stage management skills. 			
Unit	Unit Title	Contents	No. of lectures
I	Introduction to Performing Arts	2.1 Overview of Dance, Drama, Music 2.2 Skills required for Performing Arts- Verbal Communication, Body Language, Facial Expressions, etc. 2.3 Vocal skills- Voice Modulation, Tone, Pitch, Diction.	15
II	Introduction Stage Management	2.1 Stage management- Meaning, Role of the stage manager. 2.2 The prompt book: Contact Sheet, Prop list, Calling sheet. 2.3 Pre-production phase: Lighting cues, sound effects, Costume changes.	15
Total No. of Lectures			30

References

Sr. No.	Title of the Book	Author/s	Publication
1	Theater: The Lively Art	Edwin Wilson	McGraw Hill
2	The Oxford Handbook of Dance and Theatre	Nadine George-Graves	Oxford Handbook